



2025 BAND RETREAT OVERVIEW

Our 14th Annual Band Retreat will take place on **September 19th through 21st**. The retreat will be held at the Cazadero Performing Arts Camp located in a redwood grove near the Russian River. The retreat will include three days of full band rehearsals with guest conductors, sectionals, workshops, performances, and teambuilding that will help strengthen our program and give us a strong foundation in which to start the school year. This packet has information pertaining to this event and will answer many questions you may.

COST

- Cost is **\$255** per student
- Payment includes lodging, transportation, all meals, and guest conductors/master classes
- Preferred method of payment is online via PayPal (link in email)
- If paying by check, please make payable to **El Cerrito Band Association**

TRANSPORTATION

Transportation to and from camp will be provided for all students and chaperones via charter bus. Parents are required to pick up their students at El Cerrito High School upon arrival on Sunday afternoon.

INSTRUMENTS

Students are responsible for bringing all of their instruments with them to camp. Jazz students should plan on bringing their jazz instruments in addition to their band instruments.

FORMS AND DOCUMENTS

The following signed documents are needed by **Monday, September 8th**. Forms will be distributed to students on Friday, August 29th and also available at echsbands.com on that day. Students that do not have forms submitted and payment submitted by the deadline will not be allowed to attend the trip.

- **Permission Slip**
- **Behavior Contract**

CAMP CONTACT INFORMATION

If you need to contact your child at camp in an emergency please call the camp office at (707) 632-5159. Messages will be checked at the camp office periodically after regular hours. The Berkeley office will be open during regular business hours at (510) 527-7500.

MEALS

All meals are provided while at camp EXCEPT for lunch on Friday. Students need to bring a lunch with them on Friday morning.

CAMP ACCOMMODATIONS

Camp accommodations are rustic. Campers sleep on wooden tent platforms above the forest ground. Each camper has a camp bed with a mattress and sleeps outside under the stars. Tents are used for storage and for privacy. Bathrooms and showers are in buildings nearby.

PACKING LIST

Students are responsible for bringing all items needed for the weekend retreat at Cazadero Music Camp. **Students should plan on bringing the following...**

- A lunch for Friday afternoon (lunch not provided by the camp on Friday – all other meals are)
- **Sleeping bag and pillow**
- Instrument(s) and Music
- A jacket or sweater for early morning and evening wear
- Flashlight with extra batteries
- Casual clothes for everyday wear (enough for three days at camp, including extra in case of emergency)
- **A towel**
- Toiletries (toothpaste and toothbrush, soap, shampoo, deodorant)
- Rubber sandals or other non-skid shoes for the shower (don't shower barefoot!)
- Sturdy shoes for lots of walking around camp
- Personal sports equipment (frisbee, football, soccer ball, etc.) that is marked with your name on it
- Personal medication
- Insect repellent
- Snacks

Students should NOT bring the following...

- Laptops, iPads, and/or electronic games
- Fireworks
- Matches or Lighters
- Water guns
- Pocket knives or other items that could be considered a weapon



2025 BAND RETREAT ITINERARY

FRIDAY 9/19/25

7:15 am	Report to Band Room
7:30 am	Load buses
8:00 am	Depart for Cazadero
10:15 am	Arrive at Camp
10:30 am	Camp setup
11:15 am	Meeting at the shell
11:30 am	Lunch (BYO Lunch!)
12:30 pm	Guest Conductor Introductions
1:00 pm	Full Band Rehearsals (90 mins)
2:30 pm	Break
2:45 pm	Group Activity
3:00 pm	Free-time
6:00 pm	Dinner
7:15 pm	Full Band Rehearsals (75 mins)
8:30 pm	Rehearsal clean-up
8:45 pm	Campfire
9:30 pm	Report to tents
10:00 pm	Lights Out

SATURDAY 9/20/25

7:00 am	Wake-up
8:00 am	Breakfast
9:00 am	Workshops (Session 1) <i>Jazz Workshop Clinic at the shell</i>
10:15 am	Break
10:30 am	Full Band Rehearsals (75 mins)
11:45 am	Break
12:00 pm	Lunch
1:00 pm	Workshops (Session 2) <i>Jazz Ensemble Clinic at the shell</i>
2:15 pm	Break
2:30 pm	Full Band Rehearsals (75 mins)
3:45 pm	Free-time
6:00 pm	Dinner
7:15 pm	Meet at the shell
7:30 pm	Movie Night!
9:30 pm	Report to Tents
10:00 pm	Lights Out

SUNDAY 9/21/25

7:00 am	Wake-up
8:00 am	Breakfast
9:15 am	Group Activity
9:45 am	Gaucha Band Rehearsal (45 mins)
10:30 am	Break
10:45 am	Gaucha Band Sectionals (30 mins)
11:15 am	Free time
12:00 pm	Lunch
1:00 pm	Pack equipment + camp clean-up
2:30 pm	Load Buses
3:00 pm	Depart for ECHS
5:00 pm	Arrive at ECHS

Class: Concert Band (9th Grade Band)

Total: 26

Student Name	
1	Bounthavy, Laken
2	Chandran, Dhwani
3	Cheng, Winn
4	Conner, Jacob
5	Fujisaka, Canyon
6	Geller, James
7	Hamrick, Marilyn
8	Judd, Miles
9	Luna, Sierra
10	Lyons, Katherine
11	Mendelyon, Elijah
12	Mikaelian, Miro
13	Monahan, Matias
14	Navarro, Diego
15	Pulupa, Henry
16	Reilly, Mark
17	Reyes, Felix
18	Ricketts, Nathaniel
19	Roberts, Remi
20	Rubey, Cormac
21	Steiner, Mateo
22	Troy, Ila
23	Visel, Linus
24	White, Wyatt
25	Williams, Evelyn
26	Wong, Ezekiel

Class: Symphonic Band

Total: 34

Student Name	
1	Ampie, Rommel
2	Ayala, Penelope
3	Barber, Ariel
4	Becker, Alexander
5	Beh, Curtis
6	Berliner, Miki
7	Brard, Laertes
8	Brenman, Rafael
9	Bruce, Sonia
10	Clason, Henry
11	Conner, Anthony
12	Corbett II, Edward
13	Crump, Gus
14	Daigle, Sagan
15	Gansmiller, Dominik
16	Halton, Beatrix
17	Haynes, Taz
18	Ivicic, Marco
19	Johnson, Alex
20	Kemball, Joshua
21	Lasmanis, Calliope
22	Mikaelian, Anissa
23	Morrison, Koa
24	Nakamura, Kai
25	Norton, Madison
26	Power, Georgia
27	President, Alexandra
28	Roopnarine, Philip
29	Scarcella, Rocco
30	Shepherd, Max
31	Sumii, Itsuka
32	Tirado, Ramses
33	Toth, Evan
34	Warmerdam, Mateo

Class: Honors Wind Ensemble

Total: 42

Student Name	
1	Arias Sanchez, Ailyn
2	Bowden, William
3	Castro, Marisol
4	Conner, Thomas
5	Cooney, Neil
6	D'Amato, Matthew
7	Dea, Evan
8	Diaco, Matteo
9	Duerr, Jonathan
10	Eisen, Saranessa
11	Feiszli, Adam
12	Fivian, Sean
13	Gauna, Corwin
14	Geller, Michael
15	Gomez-Porres, Yahir
16	Gonzalez, Isaiah
17	Gutierrez, Javier
18	Herp, Aidan
19	Huie, John
20	Hung, Calvin
21	Jacob, Elliott
22	Jacox, Alexander
23	Lin, Kalista
24	Luna, Ava
25	Markarian, Sevan
26	Marshall, Kiri
27	Mendelyon, Benjamin
28	Miller, Ruby
29	Millstein, Rani
30	Moon, Tallulah
31	Odyniec, Mimi
32	Parkinson, Stewart
33	Pletcher, Isaac
34	Pryor, Charles
35	Ratner, Evan
36	Szarke, Leo
37	Troxell, Guinevere
38	Vlahohs, Zeke
39	Wong, Lawrence
40	Wynden, Ronan
41	Ybarra, Andrew
42	Ziegler, Olive

EL CERRITO HIGH SCHOOL BANDS

TRIP EMERGENCY MEDICAL INFORMATION

Instructions: Please fill out this form completely and include any information or any special instructions you feel are necessary in case of an emergency. It is important that no spaces be left empty. Please make sure to include any medical history or conditions that are important to the health and wellbeing of your child while on this trip. Please print legibly!

Student Name: _____ **Date of Birth:** _____

Home Address: _____ **Home Phone:** _____

Parent/Guardian #1: _____

Phone: _____ **Work:** _____ **Cell:** _____

Parent/Guardian #2: _____

Phone: _____ **Work:** _____ **Cell:** _____

Other Emergency Contact: _____ **Phone:** _____

Second Emergency Contact: _____ **Phone:** _____

Physician Name: _____ **Phone:** _____

Insurance Name/Policy Number/Phone: _____

Allergies & Health (Please include food and drug allergies & health problems):

In case of emergency, clearly write medication instructions below. Describe condition medication is for.

(If more space is needed, please write on the back of this form)

I hereby give my consent to WCCUSD and its employees to authorize any emergency medical treatment while on this trip, including any x-ray examination, anesthetic, medical or surgical diagnosis or treatment and hospital care needs to be rendered on the advice of any physician, surgeon, medical practitioner, or under provisions of the Dental Practice Act.

Parent/Guardian Signature

Date